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Rural Behavioral Health Care: An Interdisciplinary Guide



Synopsis

Rural Behavioral Health Care discusses the needs and resources of the often overlooked individuals who live in rural and frontier areas. These areas of the country frequently lack sufficient services to meet their residents' health care needs. Federal policies, intended to offer relief to rural and frontier areas, are often developed from urban models. As a result, they may not be as effective at reducing health disparities as had been hoped. This edited volume presents a comprehensive analysis of the public and federal policy, clinical trends, and empirical literature that are relevant to the provision of behavioral health care services in rural and frontier areas. Chapter contributors are leading experts from different professional disciplines, such as family medicine, public health, psychology, nursing, and social work. The book examines the economic and social problems of rural and frontier areas, collaborative methods for service delivery, and the specific needs of special populations. It explains the unique cultural characteristics of rural areas compared with urban areas and also offers a detailed look at the differences between frontier and rural areas. The book successfully unites a broad spectrum of information and elucidates the distinctive health care challenges service providers and residents of rural and frontier areas face.

Book Information

File Size: 1087 KB

Print Length: 251 pages

Publisher: American Psychological Association; 1 edition (February 15, 2003)

Publication Date: June 17, 2013

Sold by: Digital Services LLC

Language: English

ASIN: B00DGC40PK

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #2,127,039 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #30

in Books > Medical Books > Administration & Medicine Economics > Rural Health #146

in Kindle Store > Kindle eBooks > Medical eBooks > Administration & Policy > Health Risk

Customer Reviews

Helpful for beginners and enormous need and generally describes the roles of interdisciplinary team but a bit unclear about medical roles.

As a grad student, I felt this text was a good value and had applications to real life situations. You won't be disappointed in the material covered.

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